

Prova 22 Open  
19-07-2013 - 12:00 Resultados Elimin  
Femin., 200m Costas

Rec Nac Absoluto	2:16.28	Ana Antas Barros	FPN	Sheffield (GBR)	08-08-1993
Rec Nac Inf B	2:33.03	Keissy Joselin Sousa	FCP	Famalicão	27-07-1997
Rec Nac Inf A	2:24.42	Catia Raquel Martinheira	LDC	Madrid (ESP)	04-07-2008
Rec Nac Juv	2:22.61	Joana Carina Silva	LSXXI	Pova de Varzim	06-02-2011
Rec Nac Jun	2:17.38	Joana Carina Silva	LSXXI	Coimbra	05-04-2012
Rec Nac Sen	2:16.28	Ana Antas Barros	FPN	Sheffield (GBR)	08-08-1993

TAC JUV Fem Juv: 2:41.00 / TAC Jun2 Fem 16: 2:29.50 / TAC Jun1 Fem 15: 2:32.00

Pontos: FINA 2013

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Olivia Willis	97	Great Britain	<b>2:21.82</b>	+0,63	669	
	50m: 33.09 33.09	100m: 1:08.97 35.88	150m: 1:45.14 36.17	200m: 2:21.82 36.68			
2.	Rita Barros Frischknecht	98	Alges	<b>2:22.27</b>	+0,73	663	
	50m: 32.99 32.99	100m: 1:08.89 35.90	150m: 1:45.28 36.39	200m: 2:22.27 36.99			
3.	Marta Pereira Abreu	92	Porto	<b>2:22.94</b>	+0,81	653	
	50m: 33.51 33.51	100m: 1:09.23 35.72	150m: 1:46.03 36.80	200m: 2:22.94 36.91			
4.	Anna Ahlin	91	Stockholms	<b>2:23.43</b>	+0,71	647	
	50m: 32.67 32.67	100m: 1:08.91 36.24	150m: 1:46.07 37.16	200m: 2:23.43 37.36			
5.	Francisca Gomes Azevedo	97	Alges	<b>2:24.06</b>	+0,74	638	
	50m: 34.12 34.12	100m: 1:11.61 37.49	150m: 1:47.25 35.64	200m: 2:24.06 36.81			
6.	Marta Pizzolla	97	Atleti Amatori Matera	<b>2:25.05</b>	+0,64	625	
	50m: 34.53 34.53	100m: 1:10.63 36.10	150m: 1:48.03 37.40	200m: 2:25.05 37.02			
7.	Mafalda Gomes Beleza	94	Sporting	<b>2:26.57</b>	+0,71	606	
	50m: 34.56 34.56	100m: 1:11.66 37.10	150m: 1:49.23 37.57	200m: 2:26.57 37.34			
8.	Catia Raquel Martinheira	95	Louletano/ Loule Concelho	<b>2:26.84</b>	+0,67	603	
	50m: 33.17 33.17	100m: 1:09.06 35.89	150m: 1:47.51 38.45	200m: 2:26.84 39.33			
9.	Paula Cristina Yang	95	Geslourses	<b>2:27.83</b>	+0,67	591	
	50m: 34.09 34.09	100m: 1:11.44 37.35	150m: 1:49.94 38.50	200m: 2:27.83 37.89			
10.	Maria Ana Monge	99	Sporting	<b>2:28.99</b>	+0,82	577	
	50m: 34.29 34.29	100m: 1:12.26 37.97	150m: 1:50.50 38.24	200m: 2:28.99 38.49			
11.	Filipa Vicente Custois	97	Benedita	<b>2:29.36</b>	+0,68	573	
	50m: 36.11 36.11	100m: 1:14.38 38.27	150m: 1:52.07 37.69	200m: 2:29.36 37.29			
12.	Sara Patricia Sousa	99	Clube de Vouzela	<b>2:29.44</b>	+0,72	572	
	50m: 34.83 34.83	100m: 1:12.45 37.62	150m: 1:51.52 39.07	200m: 2:29.44 37.92			
13.	Mariana Veloso Vitoria	98	Nautico Abrantes	<b>2:29.57</b>	+0,60	570	
	50m: 33.82 33.82	100m: 1:11.66 37.84	150m: 1:49.84 38.18	200m: 2:29.57 39.73			
14.	Ines Lucas Alves	98	Individual Norte de Portugal	<b>2:29.97</b>	+0,70	566	
	50m: 35.64 35.64	100m: 1:14.67 39.03	150m: 1:53.26 38.59	200m: 2:29.97 36.71			
15.	Tatiana Filipa Santos	95	Ginasio Figueirense	<b>2:30.04</b>	+0,72	565	
	50m: 35.27 35.27	100m: 1:12.74 37.47	150m: 1:51.48 38.74	200m: 2:30.04 38.56			
16.	Ana Raquel Ferreira	98	Ginasio Figueirense	<b>2:30.40</b>	+0,88	561	
	50m: 36.03 36.03	100m: 1:13.40 37.37	150m: 1:52.56 39.16	200m: 2:30.40 37.84			
17.	Andrea Clares Montero	98	C.D. S.E.K. Castillo	<b>2:30.59</b>	+0,74	559	
	50m: 34.51 34.51	100m: 1:12.02 37.51	150m: 1:50.93 38.91	200m: 2:30.59 39.66			

Prova 22, Femin., 200m Costas, Elimin, Open

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
18.	Filipa Carreira Alves	99	Uniao Piedense	<b>2:31.31</b>	+0,76	551	
	50m: 34.82 34.82	100m: 1:13.06 38.24	150m: 1:52.20 39.14	200m: 2:31.31		39.11	
19.	Graca Maria Araujo <i>FTL</i>	98	Famalicao	<b>2:32.56</b>	+0,70	537	
	50m: 34.65 34.65	100m: 1:12.81 38.16	150m: 1:52.57 39.76	200m: 2:32.56		39.99	
20.	Beatriz Neves Craveiro <i>FTL</i>	97	Nautico de Coimbra	<b>2:32.63</b>	+0,64	537	
	50m: 34.67 34.67	100m: 1:12.70 38.03	150m: 1:51.83 39.13	200m: 2:32.63		40.80	
21.	Lisa Marisa Soares	95	Amadora	<b>2:32.78</b>	+0,71	535	
	50m: 35.64 35.64	100m: 1:14.51 38.87	150m: 1:53.60 39.09	200m: 2:32.78		39.18	
22.	Marina Micaela Sequeira <i>FTL</i>	98	Uniao Piedense	<b>2:33.03</b>	+0,76	532	
	50m: 34.82 34.82	100m: 1:13.55 38.73	150m: 1:53.25 39.70	200m: 2:33.03		39.78	
23.	Ana Filipa Costa <i>FTL</i>	98	Vidigueira	<b>2:33.04</b>	+0,80	532	
	50m: 35.08 35.08	100m: 1:13.04 37.96	150m: 1:53.33 40.29	200m: 2:33.04		39.71	
24.	Maria Dias Neves	99	Miranda do Corvo	<b>2:33.44</b>	+0,61	528	
	50m: 35.86 35.86	100m: 1:14.36 38.50	150m: 1:53.58 39.22	200m: 2:33.44		39.86	
25.	Demi Lopes Ferreira <i>FTL</i>	98	Portinado	<b>2:33.52</b>	+0,69	527	
	50m: 35.24 35.24	100m: 1:13.80 38.56	150m: 1:54.43 40.63	200m: 2:33.52		39.09	
26.	Matilde Ferreira Nita <i>FTL</i>	98	Naval Amorense	<b>2:34.84</b>	+0,75	514	
	50m: 35.93 35.93	100m: 1:15.19 39.26	150m: 1:54.77 39.58	200m: 2:34.84		40.07	
27.	Fabiana Maria Quintal	84	Desportivo Nacional	<b>2:34.94</b>	+0,70	513	
	50m: 36.39 36.39	100m: 1:15.17 38.78	150m: 1:55.19 40.02	200m: 2:34.94		39.75	
28.	Maria Luis Amorim	95	Porto	<b>2:35.91</b>	+0,81	503	
	50m: 35.20 35.20	100m: 1:14.79 39.59	150m: 1:54.87 40.08	200m: 2:35.91		41.04	
29.	Matilde Pereira Martins	99	Bernardette Romeira	<b>2:36.01</b>	+0,70	502	
	50m: 35.85 35.85	100m: 1:15.56 39.71	150m: 1:57.00 41.44	200m: 2:36.01		39.01	
30.	Daniela Ceruzzi	96	Pol Lib Invicta - Potenza	<b>2:36.15</b>	+0,57	501	
	50m: 36.98 36.98	100m: 1:16.37 39.39	150m: 1:56.51 40.14	200m: 2:36.15		39.64	
31.	Margarida Sobral Pimenta	99	Amadora	<b>2:36.31</b>	+0,80	499	
	50m: 36.53 36.53	100m: 1:15.60 39.07	150m: 1:56.29 40.69	200m: 2:36.31		40.02	
32.	Ines Margarida Costa	99	Sporting	<b>2:36.66</b>	+0,78	496	
	50m: 36.80 36.80	100m: 1:16.85 40.05	150m: 1:57.30 40.45	200m: 2:36.66		39.36	
33.	Maria Teresa Martins <i>FTL</i>	98	Galitos	<b>2:36.90</b>	+0,68	494	
	50m: 35.84 35.84	100m: 1:14.99 39.15	150m: 1:55.64 40.65	200m: 2:36.90		41.26	
34.	Catarina Rego Borges	99	Bombeiros Ponta Delgada	<b>2:37.44</b>	+0,63	489	
	50m: 35.38 35.38	100m: 1:15.26 39.88	150m: 1:56.65 41.39	200m: 2:37.44		40.79	

Prova 22, Femin., 200m Costas, Elimin, Open

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
35.	Maria Beatriz Dias	99	Viver Santarem	<b>2:37.71</b>	+0,80	486	
	50m: 38.03 38.03	100m: 1:17.83 39.80	150m: 1:58.59 40.76	200m: 2:37.71		39.12	
36.	Beatriz Cunha Sevilha	99	Gesloures	<b>2:37.82</b>	+0,83	485	
	50m: 37.42 37.42	100m: 1:17.89 40.47	150m: 1:59.17 41.28	200m: 2:37.82		38.65	
37.	Rita Maurile Taveira	99	Alges	<b>2:38.07</b>	+0,63	483	
	50m: 37.39 37.39	100m: 1:16.98 39.59	150m: 1:58.23 41.25	200m: 2:38.07		39.84	
38.	Rosana Marinho Macedo	99	Foca	<b>2:38.38</b>	+0,74	480	
	50m: 36.16 36.16	100m: 1:15.75 39.59	150m: 1:57.64 41.89	200m: 2:38.38		40.74	
39.	Marta Silva Felix	99	Sporting de Aveiro	<b>2:38.87</b>	+0,84	476	
	50m: 37.14 37.14	100m: 1:16.80 39.66	150m: 1:58.55 41.75	200m: 2:38.87		40.32	
40.	Sofia Dias Alves	99	Natacao do Montijo	<b>2:39.11</b>	+0,68	474	
	50m: 37.39 37.39	100m: 1:18.04 40.65	150m: 1:59.47 41.43	200m: 2:39.11		39.64	
41.	Catarina Reis Silva	99	Braga	<b>2:39.16</b>	+0,72	473	
	50m: 36.43 36.43	100m: 1:16.39 39.96	150m: 1:58.85 42.46	200m: 2:39.16		40.31	
42.	Joana Beatriz Bernardo	99	Beatriz Santos	<b>2:39.72</b>	+0,78	468	
	50m: 37.70 37.70	100m: 1:18.28 40.58	150m: 1:59.40 41.12	200m: 2:39.72		40.32	
43.	Rita Almeida Freches	99	Leixoes	<b>2:39.95</b>	+0,80	466	
	50m: 37.30 37.30	100m: 1:18.33 41.03	150m: 1:59.18 40.85	200m: 2:39.95		40.77	
44.	Sarah Dias	99	CLAC-Entroncamento	<b>2:41.66</b>	+0,68	451	
	<i>FTL</i>						
	50m: 36.68 36.68	100m: 1:18.07 41.39	150m: 1:59.87 41.80	200m: 2:41.66		41.79	
45.	Sandra Patricia Oliveira	99	Ginasio Figueirense	<b>2:41.67</b>	+0,88	451	
	<i>FTL</i>						
	50m: 37.60 37.60	100m: 1:17.41 39.81	150m: 1:59.97 42.56	200m: 2:41.67		41.70	
46.	Mariana Morais Alves	99	Amadora	<b>2:42.02</b>	+0,72	448	
	<i>FTL</i>						
	50m: 39.65 39.65	100m: 1:20.21 40.56	150m: 2:01.72 41.51	200m: 2:42.02		40.30	
47.	Leonor Paiva Ruiz	99	Vilacondense	<b>2:42.75</b>	+0,89	442	
	<i>FTL</i>						
	50m: 38.21 38.21	100m: 1:19.67 41.46	150m: 2:01.02 41.35	200m: 2:42.75		41.73	
48.	Joana Miguel Alexandre	99	Amadora	<b>2:43.55</b>	+0,70	436	
	<i>FTL</i>						
	50m: 39.62 39.62	100m: 1:20.93 41.31	150m: 2:03.05 42.12	200m: 2:43.55		40.50	
49.	Ana Teresa Nascimento	99	Leixoes	<b>2:43.59</b>	+0,82	436	
	<i>FTL</i>						
	50m: 36.48 36.48	100m: 1:18.27 41.79	150m: 2:00.95 42.68	200m: 2:43.59		42.64	
50.	Carolina Cameira Sousa	99	Viana Natacao	<b>2:43.95</b>	+0,69	433	
	<i>FTL</i>						
	50m: 37.40 37.40	100m: 1:18.74 41.34	150m: 2:01.87 43.13	200m: 2:43.95		42.08	
51.	Mariana Pinto Angelo	99	Academica de Coimbra	<b>2:44.47</b>	+0,67	429	
	<i>FTL</i>						
	50m: 38.10 38.10	100m: 1:19.58 41.48	150m: 2:02.24 42.66	200m: 2:44.47		42.23	

Prova 22, Femin., 200m Costas, Elimin, Open

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
52.	Roberta Crivella <i>FTL</i>	98	Pol Lib Invicta - Potenza	<b>2:54.86</b>	+0,58	357	
	50m: 40.98 40.98	100m: 1:25.21 44.23	150m: 2:11.18 45.97	200m: 2:54.86		43.68	
DNS	Joana Carina Silva	97	Lousada SXXI				

Prova 22  
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Femin., 200m Costas

Juvenis  
Resultados Elimin

Rec Nac Absoluto	2:16.28	Ana Antas Barros	FPN	Sheffield (GBR)	08-08-1993
Rec Nac Juv	2:22.61	Joana Carina Silva	LSXXI	Povoa de Varzim	06-02-2011

TAC JUV Fem : 2:41.00

Pontos: FINA 2013

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Maria Ana Monge	99	Sporting	<b>2:28.99</b>	+0,82	577	
	50m: 34.29 34.29	100m: 1:12.26 37.97	150m: 1:50.50 38.24	200m: 2:28.99		38.49	
2.	Sara Patricia Sousa	99	Clube de Vouzela	<b>2:29.44</b>	+0,72	572	
	50m: 34.83 34.83	100m: 1:12.45 37.62	150m: 1:51.52 39.07	200m: 2:29.44		37.92	
3.	Filipa Carreira Alves	99	Uniao Piedense	<b>2:31.31</b>	+0,76	551	
	50m: 34.82 34.82	100m: 1:13.06 38.24	150m: 1:52.20 39.14	200m: 2:31.31		39.11	
4.	Maria Dias Neves	99	Miranda do Corvo	<b>2:33.44</b>	+0,61	528	
	50m: 35.86 35.86	100m: 1:14.36 38.50	150m: 1:53.58 39.22	200m: 2:33.44		39.86	
5.	Matilde Pereira Martins	99	Bernardette Romeira	<b>2:36.01</b>	+0,70	502	
	50m: 35.85 35.85	100m: 1:15.56 39.71	150m: 1:57.00 41.44	200m: 2:36.01		39.01	
6.	Margarida Sobral Pimenta	99	Amadora	<b>2:36.31</b>	+0,80	499	
	50m: 36.53 36.53	100m: 1:15.60 39.07	150m: 1:56.29 40.69	200m: 2:36.31		40.02	
7.	Ines Margarida Costa	99	Sporting	<b>2:36.66</b>	+0,78	496	
	50m: 36.80 36.80	100m: 1:16.85 40.05	150m: 1:57.30 40.45	200m: 2:36.66		39.36	
8.	Catarina Rego Borges	99	Bombeiros Ponta Delgada	<b>2:37.44</b>	+0,63	489	
	50m: 35.38 35.38	100m: 1:15.26 39.88	150m: 1:56.65 41.39	200m: 2:37.44		40.79	
9.	Maria Beatriz Dias	99	Viver Santarem	<b>2:37.71</b>	+0,80	486	
	50m: 38.03 38.03	100m: 1:17.83 39.80	150m: 1:58.59 40.76	200m: 2:37.71		39.12	
10.	Beatriz Cunha Sevilha	99	Gesloures	<b>2:37.82</b>	+0,83	485	
	50m: 37.42 37.42	100m: 1:17.89 40.47	150m: 1:59.17 41.28	200m: 2:37.82		38.65	
11.	Rita Maurile Taveira	99	Alges	<b>2:38.07</b>	+0,63	483	
	50m: 37.39 37.39	100m: 1:16.98 39.59	150m: 1:58.23 41.25	200m: 2:38.07		39.84	
12.	Rosana Marinho Macedo	99	Foca	<b>2:38.38</b>	+0,74	480	
	50m: 36.16 36.16	100m: 1:15.75 39.59	150m: 1:57.64 41.89	200m: 2:38.38		40.74	
13.	Marta Silva Felix	99	Sporting de Aveiro	<b>2:38.87</b>	+0,84	476	
	50m: 37.14 37.14	100m: 1:16.80 39.66	150m: 1:58.55 41.75	200m: 2:38.87		40.32	
14.	Sofia Dias Alves	99	Natacao do Montijo	<b>2:39.11</b>	+0,68	474	
	50m: 37.39 37.39	100m: 1:18.04 40.65	150m: 1:59.47 41.43	200m: 2:39.11		39.64	
15.	Catarina Reis Silva	99	Braga	<b>2:39.16</b>	+0,72	473	
	50m: 36.43 36.43	100m: 1:16.39 39.96	150m: 1:58.85 42.46	200m: 2:39.16		40.31	

Prova 22, Femin., 200m Costas, Elimin, Juvenis

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
16.	Joana Beatriz Bernardo 50m: 37.70 37.70	99	Beatriz Santos	<b>2:39.72</b> 100m: 1:18.28 40.58 150m: 1:59.40 41.12	+0,78	468	40.32
17.	Rita Almeida Freches 50m: 37.30 37.30	99	Leixoes	<b>2:39.95</b> 100m: 1:18.33 41.03 150m: 1:59.18 40.85	+0,80	466	40.77
18.	Sarah Dias <i>FTL</i> 50m: 36.68 36.68	99	CLAC-Entroncamento	<b>2:41.66</b> 100m: 1:18.07 41.39 150m: 1:59.87 41.80	+0,68	451	41.79
19.	Sandra Patricia Oliveira <i>FTL</i> 50m: 37.60 37.60	99	Ginasio Figueirense	<b>2:41.67</b> 100m: 1:17.41 39.81 150m: 1:59.97 42.56	+0,88	451	41.70
20.	Mariana Morais Alves <i>FTL</i> 50m: 39.65 39.65	99	Amadora	<b>2:42.02</b> 100m: 1:20.21 40.56 150m: 2:01.72 41.51	+0,72	448	40.30
21.	Leonor Paiva Ruiz <i>FTL</i> 50m: 38.21 38.21	99	Vilacondense	<b>2:42.75</b> 100m: 1:19.67 41.46 150m: 2:01.02 41.35	+0,89	442	41.73
22.	Joana Miguel Alexandre <i>FTL</i> 50m: 39.62 39.62	99	Amadora	<b>2:43.55</b> 100m: 1:20.93 41.31 150m: 2:03.05 42.12	+0,70	436	40.50
23.	Ana Teresa Nascimento <i>FTL</i> 50m: 36.48 36.48	99	Leixoes	<b>2:43.59</b> 100m: 1:18.27 41.79 150m: 2:00.95 42.68	+0,82	436	42.64
24.	Carolina Cameira Sousa <i>FTL</i> 50m: 37.40 37.40	99	Viana Natacao	<b>2:43.95</b> 100m: 1:18.74 41.34 150m: 2:01.87 43.13	+0,69	433	42.08
25.	Mariana Pinto Angelo <i>FTL</i> 50m: 38.10 38.10	99	Academica de Coimbra	<b>2:44.47</b> 100m: 1:19.58 41.48 150m: 2:02.24 42.66	+0,67	429	42.23

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Absolutos  
Resultados Elimin

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Rec Nac Jun	2:17.38	Joana Carina Silva	LSXXI	Coimbra	05-04-2012
Rec Nac Sen	2:16.28	Ana Antas Barros	FPN	Sheffield (GBR)	08-08-1993

TAC JUV Fem Juv: 2:41.00 / TAC Jun2 Fem 16: 2:29.50 / TAC Jun1 Fem 15: 2:32.00

Pontos: FINA 2013

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Rita Barros Frischknecht	98	Alges	<b>2:22.27</b>	+0,73	663	
	50m: 32.99 32.99	100m: 1:08.89 35.90	150m: 1:45.28 36.39	200m: 2:22.27		36.99	
2.	Marta Pereira Abreu	92	Porto	<b>2:22.94</b>	+0,81	653	
	50m: 33.51 33.51	100m: 1:09.23 35.72	150m: 1:46.03 36.80	200m: 2:22.94		36.91	
3.	Francisca Gomes Azevedo	97	Alges	<b>2:24.06</b>	+0,74	638	
	50m: 34.12 34.12	100m: 1:11.61 37.49	150m: 1:47.25 35.64	200m: 2:24.06		36.81	
4.	Mafalda Gomes Beleza	94	Sporting	<b>2:26.57</b>	+0,71	606	
	50m: 34.56 34.56	100m: 1:11.66 37.10	150m: 1:49.23 37.57	200m: 2:26.57		37.34	
5.	Catia Raquel Martinheira	95	Louletano/ Loule Concelho	<b>2:26.84</b>	+0,67	603	
	50m: 33.17 33.17	100m: 1:09.06 35.89	150m: 1:47.51 38.45	200m: 2:26.84		39.33	
6.	Paula Cristina Yang	95	Gesloures	<b>2:27.83</b>	+0,67	591	
	50m: 34.09 34.09	100m: 1:11.44 37.35	150m: 1:49.94 38.50	200m: 2:27.83		37.89	
7.	Maria Ana Monge	99	Sporting	<b>2:28.99</b>	+0,82	577	
	50m: 34.29 34.29	100m: 1:12.26 37.97	150m: 1:50.50 38.24	200m: 2:28.99		38.49	
8.	Filipa Vicente Custois	97	Benedita	<b>2:29.36</b>	+0,68	573	
	50m: 36.11 36.11	100m: 1:14.38 38.27	150m: 1:52.07 37.69	200m: 2:29.36		37.29	
9.	Sara Patricia Sousa	99	Clube de Vouzela	<b>2:29.44</b>	+0,72	572	
	50m: 34.83 34.83	100m: 1:12.45 37.62	150m: 1:51.52 39.07	200m: 2:29.44		37.92	
10.	Mariana Veloso Vitoria	98	Nautico Abrantes	<b>2:29.57</b>	+0,60	570	
	50m: 33.82 33.82	100m: 1:11.66 37.84	150m: 1:49.84 38.18	200m: 2:29.57		39.73	
11.	Ines Lucas Alves	98	Individual Norte de Portugal	<b>2:29.97</b>	+0,70	566	
	50m: 35.64 35.64	100m: 1:14.67 39.03	150m: 1:53.26 38.59	200m: 2:29.97		36.71	
12.	Tatiana Filipa Santos	95	Ginasio Figueirense	<b>2:30.04</b>	+0,72	565	
	50m: 35.27 35.27	100m: 1:12.74 37.47	150m: 1:51.48 38.74	200m: 2:30.04		38.56	
13.	Ana Raquel Ferreira	98	Ginasio Figueirense	<b>2:30.40</b>	+0,88	561	
	50m: 36.03 36.03	100m: 1:13.40 37.37	150m: 1:52.56 39.16	200m: 2:30.40		37.84	
14.	Filipa Carreira Alves	99	Uniao Piedense	<b>2:31.31</b>	+0,76	551	
	50m: 34.82 34.82	100m: 1:13.06 38.24	150m: 1:52.20 39.14	200m: 2:31.31		39.11	
15.	Graca Maria Araujo FTL	98	Famalicao	<b>2:32.56</b>	+0,70	537	
	50m: 34.65 34.65	100m: 1:12.81 38.16	150m: 1:52.57 39.76	200m: 2:32.56		39.99	
16.	Beatriz Neves Craveiro FTL	97	Nautico de Coimbra	<b>2:32.63</b>	+0,64	537	
	50m: 34.67 34.67	100m: 1:12.70 38.03	150m: 1:51.83 39.13	200m: 2:32.63		40.80	

Prova 22, Femin., 200m Costas, Elimin, Absolutos

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
17.	Lisa Marisa Soares	95	Amadora	<b>2:32.78</b>	+0,71	535	
	50m: 35.64 35.64	100m: 1:14.51 38.87	150m: 1:53.60 39.09	200m: 2:32.78		39.18	
18.	Marina Micaela Sequeira FTL	98	Uniao Piedense	<b>2:33.03</b>	+0,76	532	
	50m: 34.82 34.82	100m: 1:13.55 38.73	150m: 1:53.25 39.70	200m: 2:33.03		39.78	
19.	Ana Filipa Costa FTL	98	Vidigueira	<b>2:33.04</b>	+0,80	532	
	50m: 35.08 35.08	100m: 1:13.04 37.96	150m: 1:53.33 40.29	200m: 2:33.04		39.71	
20.	Maria Dias Neves	99	Miranda do Corvo	<b>2:33.44</b>	+0,61	528	
	50m: 35.86 35.86	100m: 1:14.36 38.50	150m: 1:53.58 39.22	200m: 2:33.44		39.86	
21.	Demi Lopes Ferreira FTL	98	Portinado	<b>2:33.52</b>	+0,69	527	
	50m: 35.24 35.24	100m: 1:13.80 38.56	150m: 1:54.43 40.63	200m: 2:33.52		39.09	
22.	Matilde Ferreira Nita FTL	98	Naval Amorense	<b>2:34.84</b>	+0,75	514	
	50m: 35.93 35.93	100m: 1:15.19 39.26	150m: 1:54.77 39.58	200m: 2:34.84		40.07	
23.	Fabiana Maria Quintal	84	Desportivo Nacional	<b>2:34.94</b>	+0,70	513	
	50m: 36.39 36.39	100m: 1:15.17 38.78	150m: 1:55.19 40.02	200m: 2:34.94		39.75	
24.	Maria Luis Amorim	95	Porto	<b>2:35.91</b>	+0,81	503	
	50m: 35.20 35.20	100m: 1:14.79 39.59	150m: 1:54.87 40.08	200m: 2:35.91		41.04	
25.	Matilde Pereira Martins	99	Bernardette Romeira	<b>2:36.01</b>	+0,70	502	
	50m: 35.85 35.85	100m: 1:15.56 39.71	150m: 1:57.00 41.44	200m: 2:36.01		39.01	
26.	Margarida Sobral Pimenta	99	Amadora	<b>2:36.31</b>	+0,80	499	
	50m: 36.53 36.53	100m: 1:15.60 39.07	150m: 1:56.29 40.69	200m: 2:36.31		40.02	
27.	Ines Margarida Costa	99	Sporting	<b>2:36.66</b>	+0,78	496	
	50m: 36.80 36.80	100m: 1:16.85 40.05	150m: 1:57.30 40.45	200m: 2:36.66		39.36	
28.	Maria Teresa Martins FTL	98	Galitos	<b>2:36.90</b>	+0,68	494	
	50m: 35.84 35.84	100m: 1:14.99 39.15	150m: 1:55.64 40.65	200m: 2:36.90		41.26	
29.	Catarina Rego Borges	99	Bombeiros Ponta Delgada	<b>2:37.44</b>	+0,63	489	
	50m: 35.38 35.38	100m: 1:15.26 39.88	150m: 1:56.65 41.39	200m: 2:37.44		40.79	
30.	Maria Beatriz Dias	99	Viver Santarem	<b>2:37.71</b>	+0,80	486	
	50m: 38.03 38.03	100m: 1:17.83 39.80	150m: 1:58.59 40.76	200m: 2:37.71		39.12	
31.	Beatriz Cunha Sevilha	99	Geslours	<b>2:37.82</b>	+0,83	485	
	50m: 37.42 37.42	100m: 1:17.89 40.47	150m: 1:59.17 41.28	200m: 2:37.82		38.65	
32.	Rita Maurile Taveira	99	Alges	<b>2:38.07</b>	+0,63	483	
	50m: 37.39 37.39	100m: 1:16.98 39.59	150m: 1:58.23 41.25	200m: 2:38.07		39.84	
33.	Rosana Marinho Macedo	99	Foca	<b>2:38.38</b>	+0,74	480	
	50m: 36.16 36.16	100m: 1:15.75 39.59	150m: 1:57.64 41.89	200m: 2:38.38		40.74	
34.	Marta Silva Felix	99	Sporting de Aveiro	<b>2:38.87</b>	+0,84	476	
	50m: 37.14 37.14	100m: 1:16.80 39.66	150m: 1:58.55 41.75	200m: 2:38.87		40.32	

Prova 22, Femin., 200m Costas, Elimin, Absolutos

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
35.	Sofia Dias Alves	99	Natacao do Montijo	<b>2:39.11</b>	+0,68	474	
	50m: 37.39 37.39	100m: 1:18.04 40.65	150m: 1:59.47 41.43	200m: 2:39.11		39.64	
36.	Catarina Reis Silva	99	Braga	<b>2:39.16</b>	+0,72	473	
	50m: 36.43 36.43	100m: 1:16.39 39.96	150m: 1:58.85 42.46	200m: 2:39.16		40.31	
37.	Joana Beatriz Bernardo	99	Beatriz Santos	<b>2:39.72</b>	+0,78	468	
	50m: 37.70 37.70	100m: 1:18.28 40.58	150m: 1:59.40 41.12	200m: 2:39.72		40.32	
38.	Rita Almeida Freches	99	Leixoes	<b>2:39.95</b>	+0,80	466	
	50m: 37.30 37.30	100m: 1:18.33 41.03	150m: 1:59.18 40.85	200m: 2:39.95		40.77	
39.	Sarah Dias FTL	99	CLAC-Entroncamento	<b>2:41.66</b>	+0,68	451	
	50m: 36.68 36.68	100m: 1:18.07 41.39	150m: 1:59.87 41.80	200m: 2:41.66		41.79	
40.	Sandra Patricia Oliveira FTL	99	Ginasio Figueirense	<b>2:41.67</b>	+0,88	451	
	50m: 37.60 37.60	100m: 1:17.41 39.81	150m: 1:59.97 42.56	200m: 2:41.67		41.70	
41.	Mariana Morais Alves FTL	99	Amadora	<b>2:42.02</b>	+0,72	448	
	50m: 39.65 39.65	100m: 1:20.21 40.56	150m: 2:01.72 41.51	200m: 2:42.02		40.30	
42.	Leonor Paiva Ruiz FTL	99	Vilacondense	<b>2:42.75</b>	+0,89	442	
	50m: 38.21 38.21	100m: 1:19.67 41.46	150m: 2:01.02 41.35	200m: 2:42.75		41.73	
43.	Joana Miguel Alexandre FTL	99	Amadora	<b>2:43.55</b>	+0,70	436	
	50m: 39.62 39.62	100m: 1:20.93 41.31	150m: 2:03.05 42.12	200m: 2:43.55		40.50	
44.	Ana Teresa Nascimento FTL	99	Leixoes	<b>2:43.59</b>	+0,82	436	
	50m: 36.48 36.48	100m: 1:18.27 41.79	150m: 2:00.95 42.68	200m: 2:43.59		42.64	
45.	Carolina Cameira Sousa FTL	99	Viana Natacao	<b>2:43.95</b>	+0,69	433	
	50m: 37.40 37.40	100m: 1:18.74 41.34	150m: 2:01.87 43.13	200m: 2:43.95		42.08	
46.	Mariana Pinto Angelo FTL	99	Academica de Coimbra	<b>2:44.47</b>	+0,67	429	
	50m: 38.10 38.10	100m: 1:19.58 41.48	150m: 2:02.24 42.66	200m: 2:44.47		42.23	
DNS	Joana Carina Silva	97	Lousada SXXI				



Prova 22, Femin., 200m Costas, Elimin

Prova 22 Femin., 200m Costas Jun1  
19-07-2013 - 12:00 Resultados Elimin

Rec Nac Absoluto	2:16.28	Ana Antas Barros	FPN	Sheffield (GBR)	08-08-1993
Rec Nac Jun	2:17.38	Joana Carina Silva	LSXXI	Coimbra	05-04-2012

TAC Jun1 Fem : 2:32.00

Pontos: FINA 2013

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Rita Barros Frischknecht	98	Alges	<b>2:22.27</b>	+0,73	663	
	50m: 32.99 32.99	100m: 1:08.89 35.90	150m: 1:45.28 36.39	200m: 2:22.27 36.99			
2.	Mariana Veloso Vitoria	98	Nautico Abrantes	<b>2:29.57</b>	+0,60	570	
	50m: 33.82 33.82	100m: 1:11.66 37.84	150m: 1:49.84 38.18	200m: 2:29.57 39.73			
3.	Ines Lucas Alves	98	Individual Norte de Portugal	<b>2:29.97</b>	+0,70	566	
	50m: 35.64 35.64	100m: 1:14.67 39.03	150m: 1:53.26 38.59	200m: 2:29.97 36.71			
4.	Ana Raquel Ferreira	98	Ginasio Figueirense	<b>2:30.40</b>	+0,88	561	
	50m: 36.03 36.03	100m: 1:13.40 37.37	150m: 1:52.56 39.16	200m: 2:30.40 37.84			
5.	Graca Maria Araujo FTL	98	Famalicao	<b>2:32.56</b>	+0,70	537	
	50m: 34.65 34.65	100m: 1:12.81 38.16	150m: 1:52.57 39.76	200m: 2:32.56 39.99			
6.	Marina Micaela Sequeira FTL	98	Uniao Piedense	<b>2:33.03</b>	+0,76	532	
	50m: 34.82 34.82	100m: 1:13.55 38.73	150m: 1:53.25 39.70	200m: 2:33.03 39.78			
7.	Ana Filipa Costa FTL	98	Vidigueira	<b>2:33.04</b>	+0,80	532	
	50m: 35.08 35.08	100m: 1:13.04 37.96	150m: 1:53.33 40.29	200m: 2:33.04 39.71			
8.	Demi Lopes Ferreira FTL	98	Portinado	<b>2:33.52</b>	+0,69	527	
	50m: 35.24 35.24	100m: 1:13.80 38.56	150m: 1:54.43 40.63	200m: 2:33.52 39.09			
9.	Matilde Ferreira Nita FTL	98	Naval Amorense	<b>2:34.84</b>	+0,75	514	
	50m: 35.93 35.93	100m: 1:15.19 39.26	150m: 1:54.77 39.58	200m: 2:34.84 40.07			
10.	Maria Teresa Martins FTL	98	Galitos	<b>2:36.90</b>	+0,68	494	
	50m: 35.84 35.84	100m: 1:14.99 39.15	150m: 1:55.64 40.65	200m: 2:36.90 41.26			

Prova 22, Femin., 200m Costas, Elimin

Prova 22 Jun2  
19-07-2013 - 12:00 Resultados Elimin

Rec Nac Absoluto	2:16.28	Ana Antas Barros	FPN	Sheffield (GBR)	08-08-1993
Rec Nac Jun	2:17.38	Joana Carina Silva	LSXXI	Coimbra	05-04-2012

TAC Jun2 Fem : 2:29.50

Pontos: FINA 2013

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Francisca Gomes Azevedo	97	Alges	<b>2:24.06</b>	+0,74	638	
	50m: 34.12 34.12	100m: 1:11.61 37.49	150m: 1:47.25 35.64	200m: 2:24.06 36.81			
2.	Filipa Vicente Custois	97	Benedita	<b>2:29.36</b>	+0,68	573	
	50m: 36.11 36.11	100m: 1:14.38 38.27	150m: 1:52.07 37.69	200m: 2:29.36 37.29			
3.	Beatriz Neves Craveiro	97	Nautico de Coimbra	<b>2:32.63</b>	+0,64	537	
	<i>FTL</i>						
	50m: 34.67 34.67	100m: 1:12.70 38.03	150m: 1:51.83 39.13	200m: 2:32.63 40.80			
DNS	Joana Carina Silva	97	Lousada SXXI				

Prova 22 Seniores  
19-07-2013 - 12:00 Resultados Elimin

Rec Nac Absoluto	2:16.28	Ana Antas Barros	FPN	Sheffield (GBR)	08-08-1993
Rec Nac Sen	2:16.28	Ana Antas Barros	FPN	Sheffield (GBR)	08-08-1993

Pontos: FINA 2013

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Marta Pereira Abreu	92	Porto	<b>2:22.94</b>	+0,81	653	
	50m: 33.51 33.51	100m: 1:09.23 35.72	150m: 1:46.03 36.80	200m: 2:22.94 36.91			
2.	Mafalda Gomes Beleza	94	Sporting	<b>2:26.57</b>	+0,71	606	
	50m: 34.56 34.56	100m: 1:11.66 37.10	150m: 1:49.23 37.57	200m: 2:26.57 37.34			
3.	Catia Raquel Martinheira	95	Louletano/ Loule Concelho	<b>2:26.84</b>	+0,67	603	
	50m: 33.17 33.17	100m: 1:09.06 35.89	150m: 1:47.51 38.45	200m: 2:26.84 39.33			
4.	Paula Cristina Yang	95	Gesloures	<b>2:27.83</b>	+0,67	591	
	50m: 34.09 34.09	100m: 1:11.44 37.35	150m: 1:49.94 38.50	200m: 2:27.83 37.89			
5.	Tatiana Filipa Santos	95	Ginasio Figueirense	<b>2:30.04</b>	+0,72	565	
	50m: 35.27 35.27	100m: 1:12.74 37.47	150m: 1:51.48 38.74	200m: 2:30.04 38.56			
6.	Lisa Marisa Soares	95	Amadora	<b>2:32.78</b>	+0,71	535	
	50m: 35.64 35.64	100m: 1:14.51 38.87	150m: 1:53.60 39.09	200m: 2:32.78 39.18			
7.	Fabiana Maria Quintal	84	Desportivo Nacional	<b>2:34.94</b>	+0,70	513	
	50m: 36.39 36.39	100m: 1:15.17 38.78	150m: 1:55.19 40.02	200m: 2:34.94 39.75			
8.	Maria Luis Amorim	95	Porto	<b>2:35.91</b>	+0,81	503	
	50m: 35.20 35.20	100m: 1:14.79 39.59	150m: 1:54.87 40.08	200m: 2:35.91 41.04			